

## Raloxifene promotes adipocyte differentiation of 3T3-L1 cells

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### Abstract

To explore the possibility that raloxifene might influence an adipocyte differentiation and lipogenesis, we studied the effects of raloxifene on the expression of adiponectin and other peroxisome proliferator-activated receptor  $\gamma$  targeting genes using the 3T3-L1 adipocytes. With standard adipogenic inducers, we added raloxifene at various doses for the adipocyte differentiation. Higher doses of raloxifene facilitated lipid accumulation of the 3T3-L1 cells. We next examined the differentiating and differentiated adipocytes and found that raloxifene augmented mRNA levels of adiponectin, adipocyte-specific fatty acid binding protein, and lipoprotein lipase dose-dependently in both. These effects were opposite those of  $17\beta$ -estradiol treatment. These findings suggest that raloxifene promotes adipocyte differentiation, providing a novel insight into the treatment of postmenopausal metabolic syndrome with hypoadiponectinemia.

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**Keywords:** Raloxifene; 3T3-L1 adipocyte; Adiponectin; Lipoprotein lipase

### 1. Introduction

Recent studies indicate that estrogen is inversely associated with antiatherogenic and insulin-sensitizing adipokine adiponectin (Tanko et al., 2004; Gavrila et al., 2003), which is known to be a marker of adipocyte differentiation (Combs et al., 2002). Estrogen itself has direct effects on adipocytes to inhibit lipogenesis (Homma et al., 2000; Palin et al., 2003). Recently, raloxifene, a selective estrogen receptor modulator, has been increasingly used for the treatment and prevention of osteoporosis. Raloxifene is a nonsteroidal benzothiophene compound (Fig. 1), and several modifications to the 2-arylbenzothiophene core have shown that the 6-hydroxy and 4-hydroxy substitutions of raloxifene are important for estrogen receptor binding and for mimicking the corresponding 3- and  $17\beta$ -hydroxyl groups of  $17\beta$ -estradiol (Grese et al., 1997).

We recently found that raloxifene raised circulating adiponectin in non-diabetic postmenopausal women (unpublished data). To explore the possibility that raloxifene might influence adipocyte differentiation and lipogenesis in vitro, this study researched the effects of raloxifene on the expression of adiponectin and other peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) targeting genes, including adipocyte-specific fatty acid binding protein (aP2) and lipoprotein lipase (LPL) using 3T3-L1 adipocytes.

### 2. Materials and methods

NIH 3T3-L1 cells (Green and Kehinde, 1975, 1976) (Health Science Research Resource Bank, Osaka, Japan) were grown in a phenol red-free Dulbecco's modified Eagle's medium (DMEM/F-12) (Gibco) with 10% calf serum. Two days after cell confluence (designated as day 0), differentiation was initiated with 10% fetal bovine serum (FBS) containing 0.5 mM isobutylmethylxanthine (IBMX) and 1  $\mu$ M dexamethasone for 2 days. The cells were then incubated in a DMEM/F-12 supplemented with 10% FBS and 1  $\mu$ g/ml insulin for 2 days and

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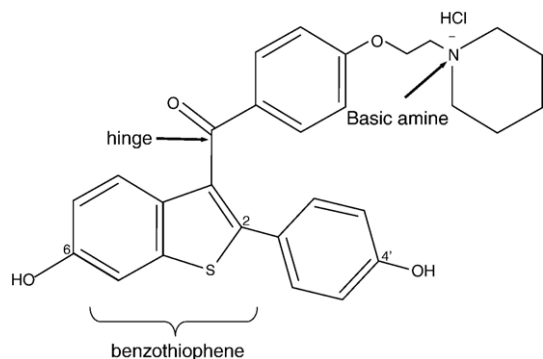


Fig. 1. Chemical structures of raloxifene hydrochloride.

maintained thereafter with 10% FBS/DMEM/F-12 to day 8. Raloxifene 0.1 to 10  $\mu\text{M}$  (Sigma), 17 $\beta$ -estradiol 0.1 to 10  $\mu\text{M}$  (Sigma), pioglitazone 1  $\mu\text{M}$  (Takeda Chemical), and vehicle dimethyl sulfoxide (DMSO) were added to the medium over the full course of differentiation within 0.1% of the volume. Medium was changed every other day. At day 8, the cells were washed with phosphate-buffered saline (PBS) twice, and then stained with 0.6% Oil Red O solution for 2 h at room temperature. Stained Oil Red O was eluted with isopropanol after the cells were washed, and the optical density (OD) of the solution at 520 nm was measured.

To determine adiponectin, aP2, and lipoprotein lipase (LPL) mRNA expression during the course of adipocyte differentiation, all compounds were added to the medium on day 2 (differentiating state) or on day 8 (mature adipocyte) and then incubated for another 24 h. Media without insulin were used at day 2 in the case of extracting RNA on day 3. Total RNA of

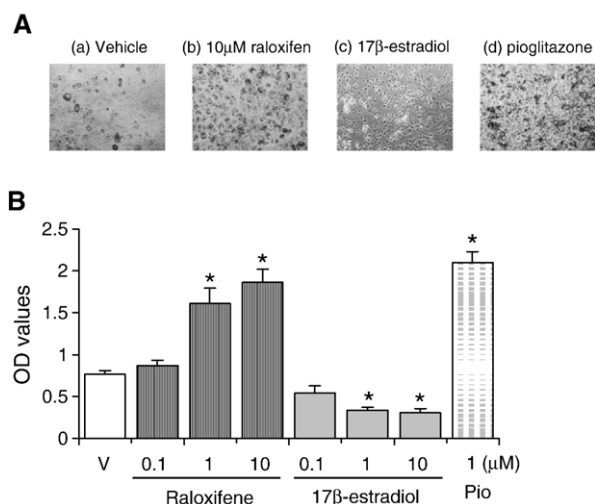


Fig. 2. Effects of raloxifene on adipose differentiation of 3T3-L1 cells. Vehicle (DMSO), raloxifene,  $\text{E}_2$ , and pioglitazone were added to the induction medium from day 0 to 8. (A) Oil Red O staining of 3T3-L1 cells at day 8 in vehicle medium (a) or in medium supplemented with 10  $\mu\text{M}$  raloxifene (b), 10  $\mu\text{M}$  17 $\beta$ -estradiol (c), or 1  $\mu\text{M}$  pioglitazone (d). Original magnification  $\times 100$ . (B) Quantification of the lipid accumulation was based on the OD values in destained Oil Red O. Data are expressed as means  $\pm$  S.E.M. from triplicate experiments. \* $P < 0.05$ , versus vehicle (V). Pio = pioglitazone.

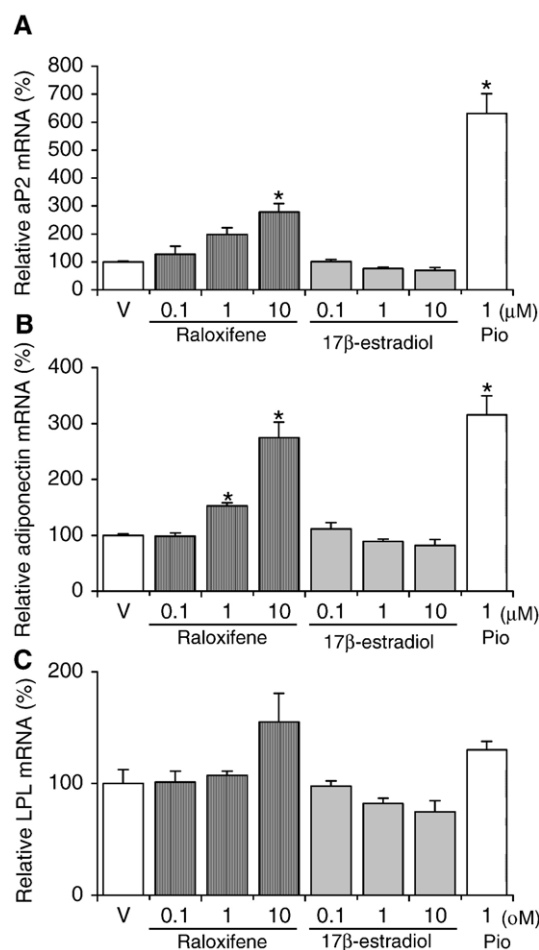


Fig. 3. Effects of raloxifene on adipogenesis in differentiating 3T3-L1 cells (day 3). Cells were treated with compounds on day 3 for 24 h. Total RNA was prepared and subjected to quantitative analysis of aP2 (A), adiponectin (B), and lipoprotein lipase (LPL) (C) by real-time PCR. Results were normalized to 18S mRNA. Data are expressed as means  $\pm$  S.E.M. from triplicate experiments. \* $P < 0.05$ , versus vehicle (V). Pio = pioglitazone.

3T3-L1 cells was extracted using an ISOGEN (Nippon gene, Japan), followed by the synthesizing cDNA by a reverse transcription polymerase chain reaction (RT-PCR) kit (TaKaRa Bio Inc., Japan). A quantitative real-time RT-PCR was performed using the ABI Prism 7000 sequence detection system (Applied Biosystems). Reactions were performed in a 50  $\mu\text{l}$  volume containing 25  $\mu\text{l}$  of 2 $\times$  SYBR Premix Ex Taq (TaKaRa Bio Inc.), 4  $\mu\text{l}$  of cDNA (corresponding to 1 ng total RNA input), and 0.2  $\mu\text{M}$  primers. The primers were designed and synthesized by the TaKaRa Bio Inc. (sequences and PCR conditions available upon request). For each condition, expression was quantified in duplicate, and 18S mRNA was used as the endogenous control in the comparative cycle threshold ( $C_T$ ) method (Livak and Schmittgen, 2001). Prostacyclin concentrations in the culture media for 3T3-L1 preadipocytes were measured using an immunoassay system (R and D system Inc.). The data are presented as means  $\pm$  S.E.M. Student's  $t$  test was used to compare the data between the vehicle and the treated groups, with  $P < 0.05$  considered significant.

### 3. Results

#### 3.1. Effect of raloxifene and $17\beta$ -estradiol on lipogenesis in 3T3-L1 preadipocytes

As shown in Fig. 2, higher doses of raloxifene exhibited more extensive deposits of lipid droplets compared with non-treated cells. In contrast,  $17\beta$ -estradiol suppressed lipogenesis in a dose-dependent manner, which is consistent with previous reports (Homma et al., 2002; Palin et al., 2003).

#### 3.2. Regulation of PPAR $\gamma$ targeting genes by raloxifene and $17\beta$ -estradiol on differentiating state of 3T3-L1 cells (day 2 to day 3)

We next examined the regulation of PPAR $\gamma$  targeting genes by raloxifene and  $E_2$  on differentiating state (from day 2 to day 3) or differentiated state (from day 8 to day 9) in the 3T3-L1 cells. Fig. 3A and B show that 10  $\mu$ M raloxifene at the dif-

ferentiating state increased aP2 and adiponectin mRNA expression by  $2.8 \pm 0.3$ -fold ( $P < 0.05$ ) and  $2.7 \pm 0.3$ -fold ( $P < 0.05$ ), respectively, compared to the vehicle treatment. Also, such increases were observed dose-dependently. The levels of mRNA for LPL tended to increase in the presence of raloxifene or pioglitazone (Fig. 3C). In contrast,  $17\beta$ -estradiol tended to decrease the mRNA expression of aP2, adiponectin and LPL in a dose-dependent manner (Fig. 3A, B, and C).

#### 3.3. Regulation of PPAR $\gamma$ targeting genes by raloxifene and $17\beta$ -estradiol on differentiated state of 3T3-L1 cells (day 8 to day 9)

Similarly, as shown in Fig. 4, after cells were completely differentiated into adipocytes, aP2, adiponectin, and LPL mRNA levels were elevated in the presence of 10  $\mu$ M raloxifene ( $2.0 \pm 0.2$ -fold ( $P < 0.05$ ),  $1.7 \pm 0.1$ -fold ( $P < 0.05$ ), and  $1.9 \pm 0.1$ -fold ( $P < 0.01$ ), respectively), whereas those markers were suppressed in the presence of 10  $\mu$ M  $17\beta$ -estradiol.

#### 3.4. Effect of raloxifene or pioglitazone on prostacyclin concentrations in 3T3-L1 preadipocytes

To determine if the observed effect of raloxifene in the present study might be due to its promoting prostacyclin release in the 3T3-L1 preadipocytes, we investigated the effect of raloxifene and pioglitazone on prostacyclin concentrations in the 3T3-L1 preadipocytes. The prostacyclin concentrations in the culture media in the presence of 0, 0.1, 1 and 10  $\mu$ M of raloxifene were 796, 355, 399 and 251 pg/ml, respectively, whereas that in the presence of 1  $\mu$ M of pioglitazone was 502 pg/ml, suggesting that raloxifene did not promote the production of prostacyclin in the 3T3-L1 preadipocytes.

### 4. Discussion

In this study, we demonstrated that raloxifene augmented dose-dependent lipogenesis and PPAR $\gamma$  downstream gene expression, including adiponectin in the 3T3-L1 adipocytes. It should be noted that these effects were opposite to those observed with  $E_2$  treatment. Our data also showed that in both differentiating and differentiated 3T3-L1 adipocytes raloxifene enhanced the adipogenesis. These findings suggest that raloxifene might possess another pathway to activate PPAR $\gamma$  other than the signal interacted transduction pathway via estrogen receptor (Wang and Kilgore, 2002). This may in part be due to the fact that the expression of estrogen receptor- $\alpha$ , the dominant subtype in adipocytes, is extremely low in undifferentiated preadipocytes (Homma et al., 2000; Somjen et al., 1997; Dieudonne et al., 2004). Our findings that raloxifene did not promote the release of prostacyclin in the culture media of 3T3-L1 cells suggested that it was unlikely that the adipogenesis by raloxifene was due to the action of prostacyclins on adipogenesis.

Further studies will be needed to fully elucidate the underlying signaling mechanisms by which raloxifene promotes adipogenesis.

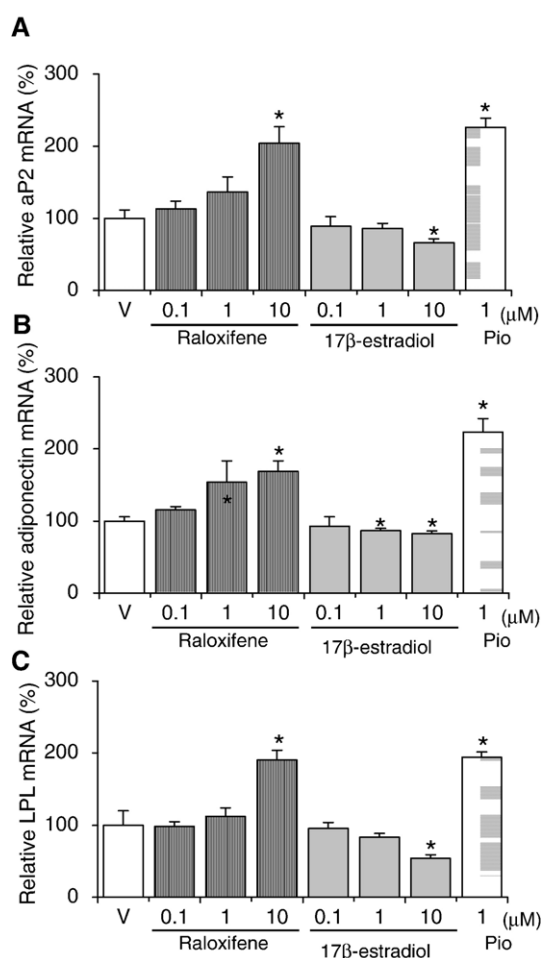


Fig. 4. Effects of raloxifene on adipogenesis in differentiated 3T3-L1 cells (day 9). Cells were treated with compounds on day 8 for 24 h. Total RNA was prepared and subjected to quantitative analysis of aP2 (A), adiponectin (B), and LPL (C) by real-time PCR. Results were normalized to 18S mRNA. Data are expressed as means  $\pm$  S.E.M. from triplicate experiments. \* $P < 0.05$ , versus vehicle (V). Pio=pioglitazone.

A better understanding of this kind of compound may provide hints for treatment of postmenopausal women with metabolic syndrome, which is associated with hypoadiponectinemia (Ryo et al., 2004; Salmenniemi et al., 2004).

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